

FAITH at WORK

May 2022

Sisters and brothers in Christ –

The congregation had a wonderful Easter service, proclaiming the risen Christ. Easter is a season that lasts for seven weeks – a time of restoration and renewal, where we are reminded of the Holy Spirit reaching out to all the world.

The council has been praying about different paths forward for Faith Lutheran Church. This has been a process that started over a year ago and continues to-day. We have asked for feedback – and continue to ask for feedback.

The council also wanted to make this process one of focused prayer and spiritual exercises. We are a church and it makes sense to live into our faith together. Please help us with this.

- 1) Grounded in the Word: The Bible is our grounding of faith. We can read, study and discuss scripture for guidance. In particular, I find some of the psalms helpful when trying discern what God is calling me to. You might find Psalm 1, 25, 48, 51, 86, 119 (the longest in the bible and the reminder that God's word is a lamp to our feet), 143
- 2) Being Still and Listening: In psalm 46 (which is the inspiration for A Mighty Fortress) we hear that we should be still and know that God is God. A way to do this is to consider a specific issue and pray with our breathing. Pray about an issue and focus on your breathing. As you inhale say "be still", as you hold your breath say "and know" and when you exhale say "I am God".
- 3) Ignatius of Loyola: gave some advice on how to come to decisions. You



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can find information about them here (and a printout of this exercise): <https://www.marquette.edu/faith/ignatian-principles-for-making-decisions.php> One in particular is to imagine someone we don't know who asks us about God's call in our situation. What would we tell that person? Sometime imagining that conversation or advice could be helpful.

- 4) **Dying that we might live:** Fr. Thomas Keating writes, "The spiritual journey is not a career or a success story. It is a series of small humiliations of the false self that become more and more profound. These make room inside us for the Holy Spirit to come and heal. What prevents us from being available to God is gradually evacuated as we keep getting closer and closer to our Center" — the place where God dwells within us as re-deemed people. Oftentimes it is suffering that initiates these necessary "evacuations"; even Jesus learned obedience through the things he suffered." Following John 12:24 which says, *Unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit*, we might consider what in us needs to die. What needs to die in me in order for the will of God to come forth in my life this day? What new thing is God doing in my life that requires some old things to pass away? Where do I sense God wanting to teach me obedience through the things I am suffering?
- 5) **Welcoming Prayer:** As you pray each element of this prayer, consider how you feel and react. This can be a self-emptying prayer (following the Christ hymn of Philippians 2:5 – 11). Welcome, welcome, welcome. I welcome everything that comes to me today because I know it's for my healing. I welcome all thoughts, feelings, emotions, persons, situations, and conditions. I let go of my desire for power and control. I let go of my desire for affection, esteem, approval and pleasure. I let go of my desire for survival and security. I let go of my desire to change any situation, condition, person or myself. I open to the love and presence of God and God's action within. Amen.
- 6) **Fasting:** Numerous times in the Bible people fasted to help with discernment. You might fast from food, television, dessert. A fast, however it is done, is to help you to empty yourself and pay attention to God.





A Mother's Love

A mother gives her children stepping stones to the stars,
Her love is unconditional,
her heart has no bars.

A mother teaches her children to be confident and bold.
Her special love to her children is more valuable than silver or gold.

A mother picks up her children and wipes away life's tears,
She chases away monsters in the night and silences their fears.

A mother celebrates her children's accomplishments in life,
she hurts and cries with them when life brings times of strife.

A mother shares her love freely with her tender loving way,
She grows more beautiful to her children with each passing day.

A mother is one of God's greatest gifts to you and me,
Her love will remain locked in our heart and soul for all eternity.

-by LovingLife



Faith Lutheran Church 2022	
Staff	
Pastor	Mark Bringman
Office Manager	Carol Armstrong
Organist/Pianist	Cheryl Blum
Custodian	Terry Bushnell
Church Council	
President	Terry Virnig
Vice President	Kim Sass
Secretary	Alice Weber
Treasurer	Janice Virnig
Financial Secretary	John Berg
Education/Youth	Vacant
Evangelism & Mission	Dick Olsen
Fellowship & Social	Peggy Preston
Property Management	Jon Aaberg
Stewardship & Resources	Vacant
Worship & Music	Vacant
Mission Endowment	Carol Olufson



Financial Report as of 4/20/2022:

Undesignated Income: \$5,766.80

Budgeted Undesignated Income: \$7,916.00

Net Undesignated Income: **(\$2,149.80)**

Total Expenses: \$2,304.03

Total Net Income: 8,777.77

Church Announcements and Events

Sunday Matinee in the Sanctuary—2:00pm-4:00pm

May 1

The Chosen (Video Series)

We are going to continue with another two episodes of The Chosen on May 1st. These episodes (which end the first season) come to us from the gospel of John: Jesus' encounter with Nicodemus at night in Jerusalem and encountering the Samaritan woman at the well. This is both a story of Jesus encountering an insider and an outsider, showing that God's kingdom is for everyone. This is an easy series to jump into – even if you didn't watch the first episodes, we would love to have you join us.

Monday Study Group—1:00pm

May 2, 9 & 16

This group meets on Mondays for prayer and fellowship as well as study. We are working through Acts, probably working through chapter 6 and 7 at the beginning of the month. Acts is the story of God's kingdom expanding, first to the Jewish people, then the blind and lame, then the Ethiopian eunuch, then Gentiles. The Holy Spirit moves in a small group of people and changes the world. It is good for us to study Acts, pray about how the Holy Spirit stirred the early church and pray about how the Holy Spirit is moving through Faith Lutheran Church too.

Join Zoom Meeting [https://us02web.zoom.us/j/84235999614?](https://us02web.zoom.us/j/84235999614?pwd=RjZuSHIDSEnvWmpabUk5bmFhV2wvdz09)

[pwd=RjZuSHIDSEnvWmpabUk5bmFhV2wvdz09](https://us02web.zoom.us/j/84235999614?pwd=RjZuSHIDSEnvWmpabUk5bmFhV2wvdz09)

Meeting ID: 842 3599 9614 Passcode: 934792

Synod Assembly

May 13 – 15

During these dates Carol Olufson, Mary Sabatka-Gamet and Pastor Mark Bringman will be attending assembly of the Oregon Synod at Sunriver. This is a gathering of all ELCA congregations in Oregon, meeting to worship and study together, to pray, to pass a synod budget, to work together. We will work together, as sisters and brothers from many different congregations, to support things like Lutherwood, Lutheran World Relief, Luther House at Oregon State. We will consider how the church can address issues such as racial injustice, disaster response and preparedness, reparations and many other things.

Please pray for Carol, Mary and I, for Bishop Laurie and her staff, and all those who come together for this assembly.

Food Collection for FISH

All non-perishable donations can be placed in a basket located in the parking lot entryway.

Friday, May 20th & Saturday May 21st



8:00am— 4:00pm

It's time to begin thinking about our Annual Church Rummage Sale. Donations will be accepted for the event beginning on Monday, May 9th.

Please limit donations to only:

Clean, Usable Items in Working Order

No Liquids * No Firearms * No Older Model TV's

*** No Older Model Computers ***

Volunteers are needed for all aspects of the sale. It is a fun project and a great way to get to know others in the congregation.

Help is needed with pricing, setting up, etc. from May 12th-19th. If you have questions about donations or want to volunteer, contact: **Peggy Preston 541-926-2697**.

If you are interested in cashiering, contact: **Alice Weber 541-602-0 725**

Trip to Holden Village, WA

September 17-26, 2022

Pastor Steve Dow is leading a trip to Holden Village, Washington in September 2022 and is asking if people from our congregation and from Our Savior 's Lutheran Church in Lebanon are interested in joining him on this unique trip.

Here's what Pastor Sarah Schaffner said: My husband (and maybe myself) are looking to lead a trip to Holden Village in Eastern Washington September 17-26. Holden holds a special place in my heart; it is where Steve and I met! I'd love for you to consider making this pilgrimage with us. He has a number of people from his congregation wanting to go, so we would all travel together. Check out Holden Village at their website: holdenvillage.org.

Church Office Hours

10:00am-2:00pm ♦ Monday—Wednesday—Friday

Quilting and TOMs

Wednesdays at 9 AM



Wednesday mornings are a busy time at Faith Lutheran Church. We have quilters working to create comforting quilts that are donated to bring people warmth, privacy and shelter. If you are interested in joining them, there is always plenty to do.

The TOMS (stands for The Old Men, though age and gender are not requirements for the group) are busy working to keep our church property maintained and our grounds clean. If you have able hands and a willing heart, the TOMs will always welcome some help.



Mary Martha Circle

This is a Bible Study for women. We will be meeting on Second Tuesday of Each Month @ 1 PM in the Fellowship Hall. If you would like more information, please call Karen Glenn at 541-928-4729 or Shirley Karstens at 541-967-8309.

Prayer Chain: We are asking anyone in the prayer chain to lift up the concerns of Faith Lutheran Church weekly (which could be as little as taking a few seconds and asking God to be with all of those listed, lifting them up by name) and to pray for other concerns as they are shared. Peggy Preston will be heading up the prayer chain. If you are interested in being on the prayer chain, send her an email: pegpreston@aol.com



Oregon Synod
Evangelical Lutheran Church in America
God's work. Our hands.

Our Cluster is currently without a Representative for Synod Council. If you are interested in completing this unfinished term (Extends through August 2023) please let Pastor Mark know.

The makeup of the Synod Council requires a combination of genders and classification as rostered or lay. To stay within the requirements, the person filling this position needs to be either a woman or a person that is gender fluid, and can be either a lay or rostered classification. Rostered classification includes pastors and deacons.

Individuals that are interested in doing this important work of the church should have the time and energy to engage, and have talents that will benefit the synod.

Pastor Mark's Week Off

May 23rd—28th

Pastor Mark's monthly weeks off begin on Monday and continue through Saturday. While he WILL be available for pastoral emergencies during these weeks, he will NOT be in the office or doing any church related activities. He WILL be leading Worship Services on Sundays. unless otherwise scheduled.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 AM Indoor Worship & livestreaming 11:15 AM Confirmation Reception 2:00 PM - 4:00 PM Sunday Matinee in the Sanctuary: The Chosen	2 1:00 PM Bible Study 7:00 PM Boy Scouts	3 6:00 PM Cub Scouts	4 9:00 AM Quilters 9:00 AM TOMs	5 10:00 AM Reports to Council Due	6 9:00 AM String Therapy	7
8 Mother's Day 10:30 AM Indoor Worship & livestreaming	9 1:00 PM Bible Study 7:00 PM Boy Scouts	10 1:00 PM Mary Martha Circle 6:00 PM Cub Scouts	11 9:00 AM No Quilting Today 9:00 AM TOMs 7:00 PM Council Meeting	12	13 Synod Assembly 9:00 AM String Therapy	14 Synod Assembly
15 Synod Assembly 10:30 AM Indoor Worship & livestreaming 1:00 PM - 6:00 PM Eagle Scout Court of Honor	16 1:00 PM Bible Study 7:00 PM Boy Scouts	17 6:00 PM Cub Scouts	18 9:00 AM No Quilting Today 9:00 AM TOMs	19	20 8:00 AM Newsletter Deadline 8:00 AM - 4:00 PM Spring Rummage Sale 9:00 AM String Therapy	21 8:00 AM - 4:00 PM Spring Rummage Sale 9:00 AM No Circle of Friends Today
22 10:30 AM Indoor Worship & livestreaming 11:15 AM Fellowship Meeting	23 Pastor Mark is Off 7:00 PM Boy Scouts	24 Pastor Mark is Off 6:00 PM Cub Scouts	25 Pastor Mark is Off 9:00 AM Quilters 9:00 AM TOMs	26 Ascension Day Pastor Mark is Off	27 Pastor Mark is Off 9:00 AM String Therapy	28 Pastor Mark is Off
29 10:30 AM Indoor Worship & livestreaming	30 Memorial Day - Church Office is Closed 7:00 PM Boy Scouts	31 6:00 PM Cub Scouts				

For the most up-to-date version,
[visit our online calendar](#)

Worship Leader Team 2022					
May	1	8	15	22	29
Assisting Ministers	Terry	Carol	Jeff	Shirley	Elaine
Altar Prep	Carol A.	Elaine	Fleishers	Aabergs	Pam
Ushers	Dick	Kim	Dick	Elaine	Terry
	Elaine	Jon	Terry	Kim	Jon
Sound Technician	Jon	Terry	John	Gordy	Jon

PRAYERS FOR UKRAINE:

We encourage you to pray for Ukrainian people, refugees and peace. We pray for an end to war: to all wars. We pray for peace throughout the world: in Ukraine, Afghanistan, Syria, in all places foreign and domestic. Pray for an end to violence.



People ask what can they do? We can pray. We can give. Lutheran World Relief, UNICEF, the Methodist Committee on Relief, Catholic Charities, etc. all are working to help with the humanitarian crisis in Ukraine. I am sharing the Lutheran World Relief (LWR) link here, please consider giving if you can: (click on the give Ukraine button in the middle) <https://lwr.org/>



May Worship Schedule

May 1: 10:30am Worship & Streaming
 May 8: 10:30am Worship & Streaming
 May 15: 10:30am Worship & Streaming
 May 22: 10:30am Worship & Streaming
 May 29: 10:30am Worship & Streaming



Prayer List



***PLEASE REMEMBER IN PRAYER THOSE
NEEDING STRENGTH, GUIDANCE AND HEALING:***

Tim B	Ron Wold	John & Margarite Fusaro
Brenda Carroll	Chiera Family	Lee Horst
Sandy Hina	Cindy Harms	Kerry Casner
Robert Jon	Izzy Covalt	Margaret Rowland
Daniel Sullivan	Oliver	Allison
Linda Gail Voet	Garrett Baarsch	Olivia Hunter
Melba Wright	Stephanie Bauthman	Shelley
Brandon Crawford	Carl Wogomon	Jackye Brown
Noah Holman	John Busher	Peggy Preston
Jerry Sheffield	Gene Hebert	Wally Oster
Pat Norby	Heather	Nicholas Glass
Gigi Douglas	Julie Shaw	

PRAY FOR THOSE WHO ARE SEEKING TO GROW THEIR FAITH

REMEMBER OUR HOMEBOUND:

Ruth Irwin, Connie Griffis, Izzy Covalt, Cindy Harms, Margaret Rowland, Melba Wright, Sangsau Tran

OUR SYMPATHY & PRAYERS TO THOSE WHO MOURN THE LOSS OF LOVED ONES:

A Prayer for Hope and Healing

O God, where hearts are fearful and constricted, grant courage and hope. Where anxiety is infectious and widening, grant peace and reassurance. Where impossibilities close every door and window, grant imagination and resistance. Where distrust twists our thinking, grant healing and illumination. Where spirits are daunted and weakened, grant soaring wings and strengthened dreams. All these things we ask in the name of Jesus Christ, our Savior and Lord. Amen.





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2022

PLACE
STAMP
HERE

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